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Vol. XI—No. 1

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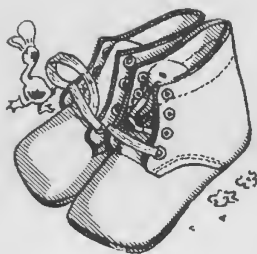
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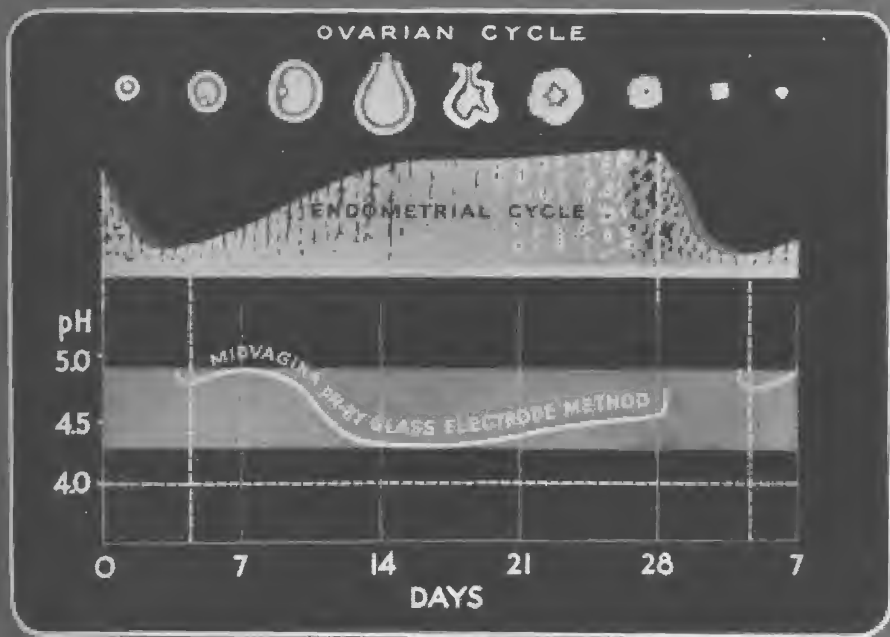
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## PRESIDENT'S PAGE

It is with a sense of deep humility that I undertake the leadership of the Mahoning County Medical Society for the year 1941. I recognize with appreciation the high standard of leadership that has preceded me in the office of the presidency and the brilliant record of achievements and progress left behind. Each year has presented its peculiar problems and all have been met and handled in a masterly manner.

This year promises to be a banner one from the standpoint of the number and the critical importance of the problems to be met.

In spite of pre-election promises, Federalized Medicine is not a dead issue and will bear constant vigilance if some form of regimentation of medical practice is not foisted on us as a part of our National Defense Program.

As good citizens and as physicians we must each do his or her part in the preparedness program that is to safeguard our liberties and assure a continuance of the American way of life. If war comes we must all be prepared to make whatever sacrifices may be necessary to assure the best interests of our country.

For sometime now it has been recognized that the low income group of our population has not been receiving adequate medical care. The frankly indigent are provided for through the relief set-up and through the facilities of our various clinics. Those who have been studying the problem believe that if we are not to have some form of government-managed compulsory health insurance, we as physicians must take the initiative in establishing and administering some form of voluntary medical service. In order to make such a plan legal, and assure its financial soundness, enabling statutes must be first enacted. The State Medical Association has such legislation ready to present to the next General Assembly, and if it is to be successfully enacted organized medicine throughout the State must get behind it actively and enthusiastically in order to sell the idea to the general public and to the State Legislature.

Locally we must correct the antiquated and inadequate facilities of handling our hospitalized contagious disease patients, provide modern means for care of the mentally sick and continue to provide care for the indigent venereals.

Nor must we neglect any feature of our regular scientific program but rather seek to add to and increase the facilities for our mental development to the end that we may render more efficient service to our patients.

Alone, I cannot hope to carry to a successful conclusion these tasks and the many others that may present themselves during the coming months. I have chosen carefully, I believe, committeemen who will cooperate with me and with the Society in carrying on the activities of the Society. I bespeak for them your united support; your enthusiastic interest in your Society affairs; your constructive criticism and suggestions at all times, to the end that we may grow and flourish as a powerful agency for useful service to organized medicine, to our community and to humanity.

O. J. WALKER, M. D., *President.*

*January*

## Editorials---

### Hail, 1941!

Dr. Walker, our incoming President, has assigned to me and my associates of the Bulletin Committee the responsibility for conducting the *Bulletin* during his administration as President. We have accepted the job and that of course means that we intend to do our best.

Not one of us has any axe whatever to sharpen up. We enter the New Year with enthusiasm, knowing that we have work to do, but believing that if we do it well we shall thus perform useful service to our Society, to our neighbors and friends of other Societies, to organized medicine, State and National, and to our fellow human beings whom the Profession serves. Therein lies all the reward we seek.

We need your help, and we beg of each and all of you to give it freely. Along with your help we need, also, your usual kind indulgence, which has in the past led you to forgive errors, omissions, and plain stupidity. Pray don't withhold it now.

We plan to give you the best Bulletin within our power, and to that end we shall deny no demand for accuracy, interest of material, and complete coverage of our field.

The New Year will bring burdens to all of us, inevitably for some almost too heavy to bear. Patience, fortitude, zeal, faith—all must be invoked to the fullest, each for all of us, all for each of us. To the full we are to give of what we are, of our very selves, to all who need us. The knowledge that we have done so will be our ample reward as medical servants.

Grateful as we all are for liberty, opportunity, hope—we shall press on to the mark of our high calling.

### Speaking of Rewards

The idea that the simple consciousness that one has done his duty constitutes the highest and only coveted reward calls for arched brows at times. But in our Society plenty of members ask only, "How can I help?"

As proof of this we cite what was said repeatedly at a recent meeting of newly-appointed Committee Chairmen. Dr. Walker had instructed each man to select his own fellow committeemen, subject to check to prevent duplication. Selections had been completed and the check was in progress. Time and again somebody's name would appear on more than one committee. The man would be assigned to one of the chairmen. And then you'd hear the chairman who failed to get the man, say, "O. K.; you take him; if I need him for anything he'll do it just the same as if he were on my Committee anyway!"

Those Committee Chairmen are that way, too. You'd think they'd get tired of it—and they do. Yet you'll find them sometimes chairmen, sometimes in the ranks, but always right there. At this meeting were men who have served for years and years, all-up-and-down the line in our Medical Society—but there they were full of earnest enthusiasm (a kind of enthusiasm, by the way, that makes up in effectiveness more than it loses in apparent volatility). For old members and new, for those high in service, and those starting in service—this wish to justify membership in our Society is the great "growth hormone."

That this year is to be a sacrificial year, is a strong probability; that it is to be one of growth for our Society and its individual members, is an absolute certainty.

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## DAVID ROLLAND WILLIAMS, M. D. (1863—19—)

By LOUIS S. DEITCHMAN, M. D.

It is a great pleasure and privilege to pay tribute in the *Bulletin* to our worthy neighbor, Dr. Williams, who has just rounded out half a century in the practice of medicine.

Although a non-resident member of this Society, he is known to nearly all of us. He is that friendly, dignified, unostentatious, stocky gentleman from Girard, always cheerful and interested in everything new whether in medicine or anything else.

Dr. Williams was born in 1863 near Oskaloosa, Mohaska County, Iowa. In 1867 his parents moved to a farm in Liberty Township. His early education was obtained at the Seceder's Corners grade school and Hubbard High school. Following this he took two years of normal training at Mount Union College, Alliance, Ohio.

In 1889 he matriculated at Western Reserve Medical College, Cleveland, where he studied one year. Another year was spent at University of Vermont. He received his M. D. from Columbus Medical College (now Ohio State), Columbus, Ohio.

After graduation he located in Montgomery County, Iowa, where he practiced two years. However, in 1893 he returned here, practicing in Youngstown for a short time, and finally settling in Girard, where he has remained since.

Dr. Williams has been active in medical organization; practically never missed a meeting of the Ohio State Medical Association or American Medical Association, traveling all the way to San Francisco to one A. M. A. meeting.

Dr. Williams has also taken an active interest in his community. He has served on the Girard Board of Education 23 years and as public health officer of Liberty Township for 30 years.

In fifty years as a busy general practitioner Dr. Williams has seen and treated a great variety of patients. He has delivered some 2300 babies.

For relaxation from professional duties, until recently, he was an ardent hunter and fisherman. He is a great lover of horseflesh and in his younger days was quite a horseman. For the past ten years he has spent his leisure hours in raising flowers and doing some landscaping.

Dr. Williams says that he has always enjoyed and still loves his work, and could not imagine himself contented in any other calling. He feels that medicine is a field in which one can do much for one's fellow man. He says that he has been treated royally by his fellow physicians and is always happy to be among them.

\*

We, the members of the Mahoning County Medical Society, extend our felicitations to Dr. Williams on the occasion of his golden anniversary in practice, and are proud of his enviable reputation and record.

Fifty years! How much worry and heartaches and how many sleepless nights that represents! The vigils over the cradle of a youngster suffocating from diphtheria, in pre-antitoxin days; the labored respirations of a pneumonia patient drowning in his own secretions, the pain drawn faces, the suffering, the anguish of the families, and the sorrows of the bereaved. All these were his lot day in and day out.

Yes, all these and more. The lusty cry of the newborn babe and the happy Madonna-like smile of its mother; the thrill of a temperature drop after a pneumonia crisis; the satisfaction of a good diagnosis and a recovered patient; the privilege of relieving pain and suffering of a fellow human; above all, the contentment that comes at the end of a day

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from a job honestly done. These also were his.

Fifty years a doctor is in itself distinction enough. But to us who know Dr. Williams he represents more than that. He is medicine in its best tradition and humanity at its highest—he is the salt of the earth.

We who know him love him. We hope that he will continue in good health for many more years, a useful and respected member of his community and the medical profession, and an inspiration to the rest of us.

### DO YOU KNOW?

By J. P. H.

That Youngstown is one of the first three cities in these United States in the number of auto accidents—per thousand of population.

That every bar and every liquor bottle should have a sign calling attention to the fact, "Let the Driver Stay Sober."

That from 1909 to 1938, 15475 persons, 534 a year, were admitted to New York State Hospitals that treat only Mental Diseases attributable to over indulgence in alcoholic liquors. From 1936 to 1938, new admissions averaged 843 a year. (Psychiatric Quarterly, Oct.)

That everyone should have a birth certificate kept in a safe place. One needs birth certificates for National Defense Jobs, Proof of Age, Inheritance, Passports, and Insurance Companies, under certain conditions.

That 3.3% of 11,234 visitors to the New York World's Fair who allowed an x-ray of their chest to be taken at the Public Health Building were found to have active tuberculosis.

That 11 Youngstown doctors attended the ninth P. G.'Day at Akron on October 23, 1940. Let's do better next time.

That Dr. D. R. Williams of Girard is completing fifty years in the practice of Medicine. He and Mrs. Williams were the honor guests of the Trumbull County Society at the De-

cember meeting. This meeting was held December 18 at the Warner Hotel Ballroom. Dr. Howard Deitrick of Cleveland gave the address, "A Medical Pioneer in Trumbull County a Century Ago."

That G. B. Kramer has just learned to skate backward and does it all the time.

That the Associated Medicine Services Incorporated of Ontario, Canada, have for some years a well working plan of service to patients at a monthly rate or a pre-payment plan.

All medicinal and surgical services except mental, tuberculosis, and venereal, treated financially and acceptable to the Profession and patient alike.

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The individual rate is \$2.00 per month per subscriber. Dependents are described as: any child or ward of a subscriber who is not in receipt of an income over \$7.00 a week. Any child or ward of any age who is in school or college. Any relative who is dependent on the subscriber for support.

This plan has worked admirably for the benefit of the public and the profession and may be a model for local communities.

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who for fifty years has moved amongst us ministering to the sick, valiantly expressing in his daily life the finer ideals of medical practice.



**Our Guest Speaker, the noted Cartoonist and Humorist**

**CY HUNGERFORD**

of the Pittsburgh Post-Gazette



**Needless to say your friends will be on hand and disappointed if you're not there, too!**



**Time—6:30, Tuesday Evening, January 21st, 1941**



**Place—Youngstown Club**

## **FEBRUARY MEETING**

**Tuesday, February 18, 1941**

**YOUNGSTOWN CLUB**

•

**DR. F. DENNETTE ADAMS**

**Boston, Mass.**

•

Please Note: At his request, the subject of Dr. Adams' address is changed to:

**"Some Clinical Considerations of  
Chronic Headache"**

Dr. Adams writes: "I have been interested in this problem for several years."

This is a very challenging subject and you will not willingly fail to hear it discussed by one so competent as our speaker.

---

## **THAT P. G. DAY—**

**DATE—APRIL 30, 1941**

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•

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**DR. JOSEPH W. GALE**

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**More about it next month—BUT**

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FASSA 2245 40

## REPORT OF VITAMIN D ASSAY

Products which contain Vitex produced by National Oil Products Company  
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Method of Assay - (Tentative A.O.A.C.)

Lab. Assay No. .... 770. .... Date.... November 20, 1940.  
Material Tested (Labeled) ..... Vitamin D Milk (Vitex) ..... Test Dates 10/28. to 11/4/40.  
Produced by ..... Isaly Dairy .....  
Location ..... Youngstown, Ohio .....  
Date and from whom received ..... 10/25/40 Western Union .....

RESULTS: - Positive Control - 29.... Mgs. U. S. P. Ref. Cod Liver Oil - 95 Units plus 8264 mg. skim milk.  
Rat Nos. 3200, 10, 20, 3310, 20, 30, 40, 50, 51, 52, 60  
Results ..... + 1 + ..... + 9 + 1 + ..... + + +  
..... 1.9 Average Degree of Healing  
Experimental - 8264 mg. #770 milk  
Rat Nos. 3212, 18, 24, 29, 33, 42, 45, 48, 49  
Results ..... + ..... 2 + ..... 2 + ..... 1 + ..... + + +  
..... 1.9 Average Degree of Healing

## PHOTOGRAPHS

Positive Control



Experimental

770



CONCLUSION - This Vitamin D milk ..... contained ..... at least 400 U. S. P. units  
Vitamin D per ..... quart.

Signed

*W. E. Krass*  
*W. E. Krass*  
Ohio Experiment Station  
Wooster, Ohio

NOTE: Reproduced above is a copy of the last assay report from the Ohio Experiment Station at Wooster, showing officially that each quart of Isaly's Vitamin D Milk contains, as claimed, 400 U. S. P. units of Vitamin D. This, as the medical profession knows, is the required antirachitic potency. Isaly's Vitamin D Milk was Ohio's first prize winner in 1940.

# THE ISALY DAIRY COMPANY

January

## SOME OF THE SYSTEMIC DISEASES WITH ORAL MANIFESTATIONS

By B. F. GOLDSTEIN, D. D. S.

(Presented at the October meeting of the Staff of St. Elizabeth's Hospital)

The trend in modern dental education has not been confined to improvement in the technique of dental restorations, but has tended also toward increasing the knowledge of oral lesions not purely of local origin. Quoting from the *New England Medical Journal*—"The facts seem to be that dentistry has long since emerged from a mechanical art and has taken an honorable position in medical practice. The medical profession has been ready to recognize the specialty of dentistry because of the importance of correcting those oral conditions which are recognized as important factors in general diseases. These often come under observation by dentists before presentation to medical practitioners."

In his examination the dentist should carefully consider the patient's history as well as present illness. He should use laboratory facilities for the examination of urine and blood, bacterial smears, microscopic sections and x-ray findings. The last is routine in many dental offices. Only after careful study of the accumulated data, should a diagnosis be made.

Careful examination discloses many systemic conditions. The dentist may be the first to notice, for example, the onset of acromegaly, a beginning obliteration of the nasolabial fold, or an asymmetry in the wrinkling of the forehead. Jaundice of the sclera may be revealed, paleness of the conjunctiva, disclosing an anemia. Thus a patient may be referred for proper treatment much earlier than otherwise.

Falling in of the bridge of the nose, a perforated nasal septum, long-standing fissures or scars at the corner of the mouth, a chancre, mucous patches, or gumma may reveal the first knowledge that a patient has syphilis.

The color of the skin is important. The lemon-color of pernicious anemia, the bronzeness of Addison's dis-

ease, the blueness of advanced heart and lung disease, the poisoning by coal tar products, and the grayish-blue or slate color of absorbed silver may give the dentist evidence where-by he may refer the patient to the physician. Patients may exhibit signs of these conditions without knowing it until their attention is directed to it.

We dentists are often called upon to diagnose and treat swellings over and under the lower jaw. Even though radiograms disclose the presence of an apical or alveolar abscess in the area of swelling, we should bear in mind possible primary conditions of the glands of the neck, such as tuberculous glands, Hodgkin's disease, luetic buboes, malignant metastasis and tonsillitis.

Many of the blood dyscrasias are first evidenced in the mouth. An increase in the red blood cells, erythremia or polycythemia vera—may have as one of its symptoms a paresthesia of the month. The patient visits the dentist for the relief of numbness and tingling of the tongue and mouth. These mucous membranes are very red, and the lips border on the cyanotic. When the red cells are abnormally decreased, we are dealing with some form of anemia. The oral signs of pernicious anemia are marginal glossitis and pyorrhea. The tongue often becomes quite smooth in appearance.

Acute and chronic lymphatic and myelogenous leukemias are associated with a tremendous increase in lymphocytes and myelocytes, respectively. Oral lesions in these diseases are common and characteristic. The mucous membrane is thrown into hypertrophied folds, especially in the third molar region. Hemorrhage from the mucous membrane of the mouth occurs frequently. The hypertrophic masses are nodular to palpation as the result of tremendous leucocytic



## Two Observations

1. Vitamin B deficiency responds to treatment more satisfactorily when combination of B factors is administered rather than the individual Vitamin B application.
2. Vitamin B absorption is better when given in combination with Vitamin C.

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infiltration. The cervical glands are tender and palpable.

Agranulocytic angina, agranulocytosis or malignant neutropenia, is associated with marked decreases in the leucocytes. The buccal mucosa becomes degenerated and ulcerated, with sloughing. There are other blood dyscrasias but of those with oral symptoms, I believe those mentioned are the most common.

The metallic poisonings may manifest themselves orally by pigmentation of the mucous membranes. Normally, we find a pigmented mucosa in negroes and certain oriental races. In other races this pigmentation suggests poisonous saturation by some heavy metal, either occupational or from therapeutic use. These metals include lead, bismuth, brass, copper, phosphorus, mercury, tin, silver and zinc. They unite with the sulphur of the body to form insoluble sulphides and show up as a colored line. The color depends upon the metal involved, and occurs when excretion is less than the intake or when the ingestion is over a long period of time. The pigmentation of the tissues appears to be laid down in the form of a line following the curves of the gingivae. A piece of white paper slipped under the free margins of the gums followed by examination by a magnifying glass will reveal the line as composed of minute granules. This form of examination clearly brings out the color of the particular metallic poisoning. In some such cases the markings in the mouth may be totally absent; in others there may be spots on the lips and cheeks.

Three diseases may be mentioned as causing oral pigmentations: Addison's disease: causes patches of brown on the mucous membranes of the cheeks and gums; pellagra: dark brown areas on the gums associated with a smooth glossitis; and pediculosis corporis: reddish brown patches in the mouth associated with cervical adenopathy.

The teeth, jaws, and mucous membranes of the mouth are among the first parts to show the effects of dietary deficiencies. Some claim that a deficiency of vitamin A results in epithelial changes in the mouth. Scurvy results in swollen, spongy, bleeding gums. Recently very little vitamin C deficiency has been noted, however. Caries of the teeth also has been attributed to an improperly balanced diet.

A common oral disturbance is "apthous stomatitis," sometimes called canker sores. Some say this is due to vitamin B<sub>1</sub> deficiency; others, that it is an allergy—most often to soy bean which is present in a great many salad dressings.

Disturbances of the ductless glands may manifest themselves in the mouth. Those of the pituitary may show enlargement of the jaws, the lower especially, and separation of the teeth. Parathyroid disturbance may cause calcium imbalance and may result in an osteoporosis, a condition sometimes recognized in dental x-rays. At other times there may be generalized cyst formation. Disturbance of the pancreas influences the parodontal tissues. Incipient or advanced pyorrhea is almost always associated with diabetes.

Actinomycosis usually involves the face and neck. When this disease appears elsewhere it likely is due to metastatic extension. There is swelling upon the affected side over and around the jaw, sometimes including the adjacent glands of the neck. The teeth are sore and this is occasionally mistaken, at first, for an abscessed tooth. Then the swelling breaks down and numerous fistulous openings discharge the sulphur-like granules. These have been compared to mustard seeds in appearance.

A tuberculous ulcer occurs now and then in the mouth, mostly about the third molar region of the lower jaw. This is always secondary to

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tuberculosis of adjacent parts or may be an extension of lupus of the face.

The exanthematous diseases with oral manifestations should be mentioned. We all have seen Koplik's spots of measles, the strawberry tongue in scarlet fever, and the membrane in the throat in diphtheria.

Carcinoma of the mouth is often first seen by the dentist and if recognized early can be referred for proper treatment with a much better prognosis than later. In this connection leukoplakia, a frequent forerunner of carcinoma, should be mentioned. These occur on the surface of the palate, gingivae, or cheeks, but most often on the tongue, and are characterized by white or bluish white plaques or patches which tend to become hardened, discolored, dry,

rough, and by thickening of the epithelial covering more or less raised.

In pregnancy the dentist often sees patients with a gingivitis that is not amenable to treatment but clears up after delivery. A severe neuralgia of the face and jaws also occurs during pregnancy, occasionally. Both these conditions are probably due to a calcium imbalance.

I have but lightly touched upon some of the more common systemic diseases with oral manifestations but have tried to present the thought that the dentist must be ever observant if he is to do his part in the early recognition and treatment of disease. More frequent consultation between dentist and physician will add to the sum total of the knowledge of both.

## MAHONING COUNTY SOCIETY STILL FREE

Tuesday evening, December 17th, 1940, as per schedule, the members of the Mahoning County Medical Society exercised their God-given freedom to vote and speak as they pleased. If any doctor in this County fails to appreciate that blessed fact, may Heaven help him.

Anyway, the Annual Business Session was true democracy in practice. Men "spoke their pieces" as to past management, and nobody even wanted to stop them. All praise and no blame makes Jack a stupid egotist. (Still a word of approval now and then doesn't do any harm.)

Fine fellows were elected to the offices: equally fine ones failed to be elected. But they feel O. K. about it—they know there'll be other elections, and men who voted for others will vote for the previously defeated—and elect them, too. The list of officers will be found elsewhere.

The Society adopted a Resolution approving the passage by the State Legislature of an "Enabling Act"—

which "enables" County Medical Societies to work out plans for "prepayment"—voluntary insurance—and set them to work. The Enabling Act doesn't set up any plans at all; it only gives authority to put to use such plans as we may work out.

The Society reversed itself on the question of whether the "official" Day-Off by voting to go back to THURSDAY.

So now THURSDAY is the day off, the day of picnics, golf affairs and so forth.

Preceding the strictly business session, Lt. Colonel H. E. Boucher, of the Army Medical Corps, serving as State Medical Officer, under the Selective Service Act, addressed the Society. He explained in an interesting way the medical problems, especially as to examinations for army service.

With Lt. Colonel Boucher was Mr. H. E. Cepernick, inspector for this district Selective Service, who spoke briefly on "group" examinations.

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*January*

## THE MEDICAL CRIER

A Page of Sidelights News and Views in the Medical Field

Greetings to you and to the New Year! May it bring to us all improvement of our minds, strengthening of our hands and softening of our hearts. May it bring to us as much prosperity as we deserve. May it keep us striving to improve ourselves as doctors and may it give us plentiful opportunities to serve.

We have noticed a pronounced note of pessimism in the staff room discussions lately. It seems that youth has no opportunity to get into the game without a struggle, business is torn with strife between labor and capital, democratic government is about to be thrown in the discard, medicine is being regimented and civilization itself is punch drunk and about ready to take the count. The world is growing steadily worse. Nobody trusts anybody any more.

Now to those who feel that way we would like to say, "Go read your history books." Read about the French Revolution and the Reign of Terror. Read "The Decline and Fall of the Roman Empire." Read about the American Revolution and Valley Forge, where there was no food for the American soldiers, but the farmers had plenty for the British in Philadelphia. If you are concerned about labor, read about the building of the Pyramids. If you think gangsterism a menace, read in Pepy's Diary about the gangs that roamed old London. Modern warfare is terrible and concentration camps are horrible places of suffering but read about Libby prison. As for medicine, history records no more brilliant and promising era than the present one. Never has the doctor had more prestige and privilege. Never has medicine had more to offer to the people and never have its disciples been so well rewarded.

True, the world is suffering a serious set back, but a temporary one.

Conquerors have been on the march before. Such adventures have not been restricted to any one nation. Alexander led the Greeks to world conquest, the Romans, Tartars, Moors and French have had their expansive periods and Britain was of the same mind, too, in the brash youth of the Empire. The world is changing but not necessarily for the worse.

The very fact that the strongest and richest nation in the world can govern itself by the free will of its people and dares to speak out fearlessly against ruthlessness and brute force is a hopeful sign. Freedom and liberty are sweeter words when they must be defended. Every country has its staunch patriots willing to give the last measure of devotion to the cause of liberty and in all the little nations they will be heard from. Little Holland freed itself from the invincible armies of Spain and they will do it again from the Nazi. There is nothing new about the "new order" we hear so much about. It is simply an attempt to return to the old order of despotism and slavery. It will fail. History records that it always has failed.

—J. L. F.

### Dr. Mahrer Exhibits Sculpture

Dr. M. P. Mahrer did modeling in clay of the head of a young man during the recent Art Week in the Butler Art Gallery in presence of the public on two Sundays, the 1st and 8th of December.

His sculpture, exhibited during the last A. M. A. meeting in New York, has been favorably mentioned in a number of medical publications.

Participation in art is going to be far more frequent among Physicians in the very near future than it ever has been. Dr. Mahrer wishes there were other physicians doing art work.

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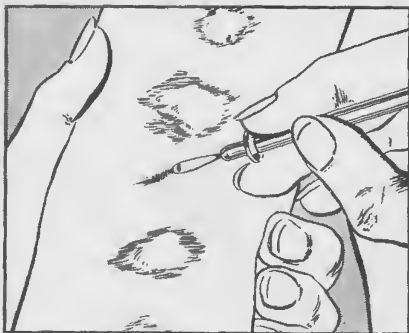
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## NEWS and VIEWS

A Symposium on Burns was presented by the following at the November meeting of the Staff of St. Elizabeth's Hospital: Dr. L. S. Shensa—The Local Treatment of Burns; Dr. E. H. Young—Constitutional Treatment of Burns; Dr. F. W. McNamara—Surgical Treatment and Summary.

The following officers were elected at the annual meeting of the Staff of St. Elizabeth's Hospital held on December 10th: Dr. F. W. McNamara, Chief of Staff; Dr. Elmer Nagel, Vice-Chief of Staff; Dr. Saul J. Tamarkin, Secretary-Treasurer; Dr. A. M. Rosenblum, Director of Medical Service; Dr. J. M. Ranz, Director of Surgical Service; Dr. P. L. Boyle, Director of Gynecology and Obstetrics; Drs. L. G. Coe and W. H. Evans, Additional Members of the Executive Committee; Dr. C. D. Hauser, Staff Representative to the Associated Hospital Service Incorporated.

Drs. E. C. Baker, John Heberding and S. J. Tamarkin attended the recent meeting of the Radiological Society of North America in Cleveland. Dr. Baker was a scheduled discussant of a paper on Excretory Urography. He presented some statistics on standing and supine urograms on normal subjects.

Dr. W. D. Collier addressed the Columbiana County Medical Society on the Gonadotropic Hormones on December 10th.

A farewell dinner for Father Ring, Chaplain to St. Elizabeth's Hospital was given by a large number of his friends at the Y. M. C. A. on December 12th. Dinner arrangements were in charge of Dr. J. N. McCann. Dr. F. W. McNamara was Master of Ceremonies. Short talks were given by Drs. R. B. Poling and A. M. Rosenblum, Mr. J. Hammond, Miss Mary Drohan, Miss C. Knuff, Rt. Rev. Msgr. Joseph N. Trainor and Father Ring.

Father Ring has been transferred to a large parish in Euclid, Ohio.

### Dr. Randall Joins Up

Dr. A. Randall is our first member to be called to the Army. He is reporting at Fort Bragg in North Carolina on January 5th, 1941.

Dr. and Mrs. M. W. Neidus and family have occupied their new home on Indianola Road.

Dr. and Mrs. Samuel Zoss and family have also occupied their new home on Danbury Drive.

Dr. and Mrs. V. L. Goodwin announce the birth of a baby daughter Jane at St. Elizabeth's Hospital on December 11th, 1940.

Dr. J. Colla has moved his office from West Federal Street to Albert Street at the corner of McGuffey Road.

Dr. and Mrs. Dean Nesbit left for Florida by motor on December 15 returning after January 1.

Dr. and Mrs. O. J. Walker and two sons motored to Florida to return via Tennessee and Kentucky.

Dr. and Mrs. Bennett are in Ft. Lauderdale, Fla., where Dr. Bennett is getting along nicely. He expects to be in Youngstown again about April 1.

Dr. J. J. McDonough spent the Christmas holidays in Youngstown with Mrs. McDonough and their son James. At present Dr. McDonough is resident in surgery at Woman's Hospital in Detroit where he will remain for one year.

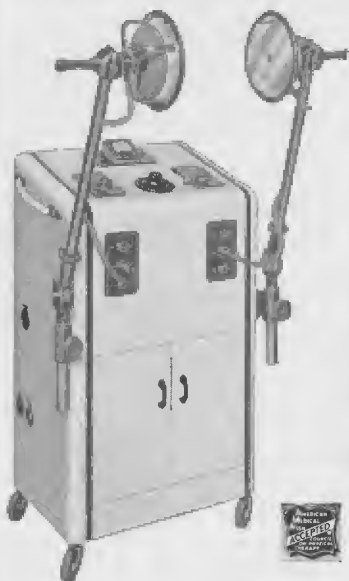
Dr. Joseph Keogh flew home to Las Vegas, New Mexico, to spend the holidays with his parents.

Dr. C. A. Gustafson has just returned from Virginia, Illinois, where he spent the holidays with his parents, Mr. and Mrs. Charles Gustafson.

Dr. W. H. Evans is spending the holiday season with his mother at Dallas, Texas. While there he made a trip "South of the Border" into Mexico.

Dr. and Mrs. J. Allan Altdorffer

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announce the arrival of a daughter, Nancy Jane, who was born at the North Side Unit on December 13. J. Allan is gaining weight around the pectoral region at least he is picking his chest out.

Dr. V. A. Neel is leaving for Florida on January 20, where he expects to spend about a month.

Dr. and Mrs. Stanley Curtis left January 30 for a week's trip to Boston, Mass.

Drs. E. C. Baker, Saul Tamarkin, Heberding and Brackin attended meetings of the American Roentgen Ray Society held in Cleveland.

The Youngstown Society of Medical Technicians held their Christmas party at 'Tod Nurses' Home on December 5. A gift exchange and bingo provided entertainment.

The next meeting will be held January 9 at 'Tod Nurses' Home when Dr. Samuel Wood Weaver will address the group on "Case Study."

### Doctors Recovering

We are happy to learn that Dr. Milton Bachman, recently quite ill, is coming along nicely. He is now at home.

Our Youngstown Health Commissioner, Dr. R. G. Mossman, who was injured recently in an auto accident, is reported getting along nicely.

Dr. Paul Mahar, recently ill, is back on the job again.

Dr. Joe Rosenfeld, who was operated on at Massachusetts General Hospital by Dr. Churchill, December 3rd, is reported convalescing nicely.

### The Backbone of Medicine

(Detroit Medical News)

The backbone of the practice of medicine?—You've guessed it, the General Practitioner. He is the doctor of legend. He is tradition.

Long before the world got so complicated—and soft, he was an institution. Progress and the extent of particular knowledge has developed specialization. Certainly, there are

men who never could be surgeons and there are many surgeons, however skilled, who would hesitate to operate the eye. So, the specialist is a necessity in these streamlined times.

We remember with pride the general practitioner under whose painstaking instructions we served our apprenticeship. We learned more from him of the Art of Medicine and of the practical side of the Art, than can be learned in any other way. He was the legendary country doctor full of the wisdom of the years. Such was his skill, and such the confidence of his people that we once heard one of them say, "Ef yuh aint been dead more 'an forty minutes Dr. John kin save yuh."

The grand old gentleman deserved such faith. His life was full of service and heartache and satisfaction. He loved his profession and his people. Many drove thirty miles to attend his funeral.

He used to say, "You must be the Doctor. You must relieve pain and anxiety. You must make decisions. Give Nature a chance—she is a pretty good doctor, remember that."

We have seen our old teacher, in a typical day, handle a difficult obstetrical case; do an appendectomy; set a fracture of the femur; give an x-ray treatment and fit a patient with glasses. He did that kind of work for forty years and found time to read Shakespeare, Dickens and Victor Hugo and to do a little gardening. His pet hobby was to grow roses in that below zero climate—someone told him it couldn't be done.

The General Practitioner, God bless him, is the backbone of the Practice of Medicine.

B. McD.

(Of course, we all know you G.P.'s are just grand, but why is it that practically all writin' about you depicts you as "grand old gentlemen"? The "good family doctor" conjures up a vision of benignity every time—but always it is "ancient benignity." Who ever saw an "old" G. P., anyway?)

## SECRETARY'S REPORT

The regular December Council Meeting was held at the home of Dr. Robert Poling, on the ninth of the month.

Mr. W. C. Fisher, the auditor of the books for 1940, was present and gave his report. He recommended that Council get a record of the fixtures owned by the Society and keep it in the custody of Council.

The regular Annual Meeting was held at the Youngstown Club, December 17, 1940. Lt. Colonel H. E. Boucher, M. C. State Medical Officer, spoke on the timely subject—"Problems of the Examining Physician."

The following resolution in regard to the Enabling Act was read:

"Whereas the Mahoning County Medical Society is a component part of the Ohio State Medical Association and as the aforesaid association is proposing and presenting an Enabling Act to the Legislature of Ohio whereby plans and regulations may be formulated so that adequate medical care may be obtained by the low-income group.

"BE IT RESOLVED that the Mahoning County Medical Society indorse the proposed legislation and give all possible support for the passage of this very necessary measure.

"BE IT RESOLVED that all standing or special committees such as Lay Education and Legislative be instructed to coöperate in whatever way possible toward this end.

"BE IT RESOLVED that a copy of this resolution be forwarded to the office of the Ohio State Medical Association at Columbus, Ohio."

It was moved by Dr. Wm. Skipp and seconded by Dr. W. H. Evans that the Society accept this resolution. The motion passed.

It was moved and seconded that the half-holiday be changed to Thursday afternoon after January 1, 1941.

A written ballot was taken and the motion passed.

The election of officers for the year 1941 followed. The following officers were elected:

President-elect, Dr. Walter King Stewart; Secretary, Dr. John Noll; Treasurer, Dr. Elmer Nagel.

Delegate to the Ohio State Medical Association for three years—Dr. E. J. Reilly.

Alternate Delegates to the Ohio State Medical Association—Dr. Ivan Smith, Dr. Wm. H. Evans, Dr. Dean Nesbit.

Trustee to serve as a member of the Board of Trustees of the Associated Hospital Service, Inc.—Dr. H. E. Patrick.

Dr. R. B. Poling, retiring President, then presented the gavel to Dr. O. J. Walker, as the President for 1941. Dr. Walker gave an acceptance speech and the meeting adjourned.

DR. JOHN NOLL, Secretary.

### FROM STATE HEADQUARTERS OFFICE

"All Secretary-Treasurers should do everything possible to speed up collections of 1941 membership dues. As you know, 1941 DUES WERE DUE AND PAYABLE ON JANUARY 1 AND WE CANNOT ENTER A MAN ON THE MEMBERSHIP ROSTER UNTIL HIS DUES, IN THE AMOUNT OF \$7.00 ARE RECEIVED AT THIS OFFICE THROUGH YOU."

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## MENTAL SIDE BURNS

### A Plea for an Offensive Against the Offensive

By J. L. Price, Manager, Medical-Dental Bureau

Have you ever laughed at the picture of the "gay nineties"—pictures of the women in hoop skirts, bustles, petticoats, corsets, and high button shoes. Pictures of staid looking business men in ascot ties, big watches and chains, square hats, mutton-chop whiskers and sideburns. Following this "sideburn" era of business, professional men and business men modernized not only their appearance, but also their business methods. Book-keeping machines replaced the stooped figures on the high stool. Pneumatic tubes have supplanted the cash girl and the cash basket of yesterday. The neon sign has displaced the coal oil lamp and high blood pressure has superseded the moderate mode of living of that era.

From the "gay nineties" through the "gloomy thirties," professional men to a large extent still wore sideburns—"mental sideburns." They have kept pace with the swift advance of scientific achievement, but too many are still in the "coal oil" era of economics. They are now learning that credit policies likewise must be in tune with the times. Everything from a Mickey Mouse watch to huge public works projects are being bought by means of credit and only after rigid investigation. Methods of thirty, twenty or even ten years ago will not suffice today in this ever-changing economic world. This world where the commercial credit man seems to assume complete control of the buyers' dollar without forethought of any professional obligations. Obligations which might effect his applicant's ability to properly maintain the required commercial credit standard. These people, being dealt with in the commercial field and educated to buy on credit, are the same people who walk into your office day in and day out requesting service and considering only slightly the thought of recompense to

you. Entirely too many demands are being made upon the profession today because the traditions of medicine demand it. On second thought, do they? Is there anything in the professional oath that says a Doctor cannot protect himself against deliberate fraud? Does the Oath of Hippocrates contain any clause that forbids you as a doctor to make suitable use of the same information that a commercial credit man does to protect his firm? This form of parasitic society places your profession at the head of its list. Unfortunately the last few years of economic depression have intensified this situation due to the public's attitude in paying professional fees. I am not advising the brusque methods of the commercial world that will occasion a change of attitude. I am not advising the constant and indiscriminate use of the courts in the collection of these unpaid obligations. I am, however, advising the discarding of these "mental sideburns" and the looking square in the teeth the task of educating these "medical shoppers," those who "readily seek, yet quickly shun" class of parasites. By the organization of The Medical-Dental Bureau those men responsible for the inception of the Bureau as well as the supporters of the Bureau stepped out of the "gay ninety" era. This is your Bureau of Preventive Medicine for economics. Report delinquent accounts to the Bureau, not grudgingly, but exult in the fact that a few hardy pioneers in economics have made possible such a storehouse of information. Not only report delinquencies, but call the Bureau for ratings. A rating card is placed in file in either case for future guidance for someone else. Warn your delinquent patients that by keeping their accounts in this category, they are jeopardizing their professional credit standing. Then execute

that threat by placing them here for the warning of others. This resolves itself into purely a coöperative problem, for by attempting to control it on an individualistic basis there is nothing but certain defeat.

Webster defines parasite as a "hanger on, or one who lives at another's expense often by means of cunning or flattery." Guard against these chaps who are fluent with promises, but mute with performance by taking full advantage of the facilities offered by your Medical-Dental Bureau. We need your full support to reach our objective and to make our "offensive against the offensive" a complete success.

### BUREAU LUNCHEON

January 16, 1941

The Medical-Dental Bureau announces its Thursday noon luncheon meeting will be held on January 16th at the Club Room of the Lincoln Hotel. Members and their friends will be the guests of the Bureau. There will be a short talk on Medical-Dental Economics and the usual good meal will be served. Luncheon will be served at 12 o'clock sharp and everyone can be out by 1:30 p. m. The increasing popularity of the noon meetings has been due largely to the snappy discussion of economic affairs that takes place around the table after lunch. Every member has an opportunity to express his views and hear those of the others. The doctors in the dental and medical professions take a very personal interest in their Bureau and like the opportunity to express their opinions and mould the policy of its management. Frequently there are problems that come up in Board meetings where it is desirable to know the opinion of the average member. Such problems are brought up at the meetings and thrashed out.

The new Budget Plan is now in operation and applications have been coming in at a very satisfactory rate. Mr. Price reports that the outlook for the new year is very promising.

### NOTICE TO MEMBERS

The Speakers' Bureau of the Committee of Public Education urges your coöperation in reporting all communications and contacts made by various organizations for speakers.

We urge you to get in touch with the chairman's office if you have a prepared subject you will deliver on the Enabling Act, Public Health or Medical Problems.

Anyone of you may be called for a public appearance as there will be many organizations calling for speakers. Also, our radio program must be maintained. If you have been assigned to the air, please do not disappoint the station for it is embarrassing to them as well as to ourselves to have a non-appearance. If you find it is impossible to be at the station as scheduled, get in touch with the chairman's office at once, so that a substitute can be sent.

We need speakers, both for personal appearances and time on the air. Send your name and subject to our office, 220 Lincoln Ave., Telephone 4-2996.

WM. M. SKIPP, M. D., Chairman.

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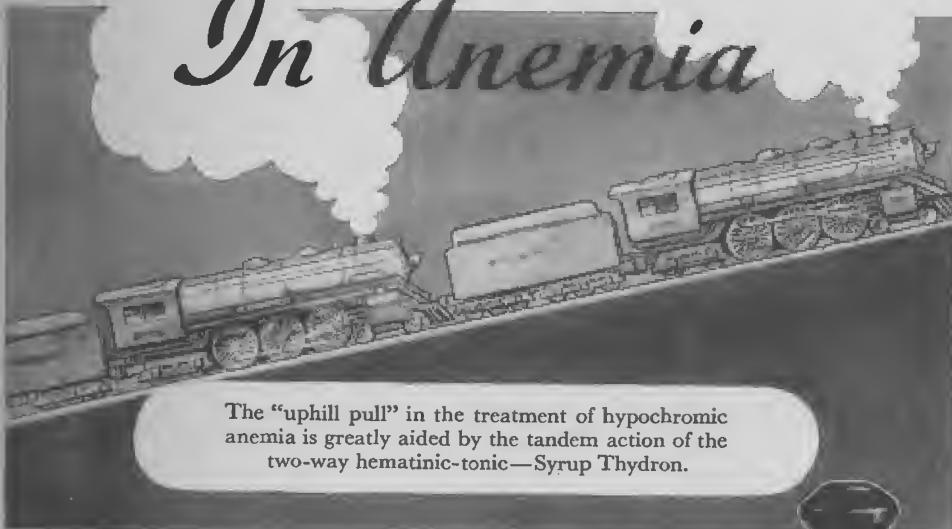
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The swaddled infant pictured at right is one of the famous works in terra cotta exquisitely modeled by the fifteenth century Italian sculptor, Andrea della Robbia. In that day infants were bandaged from birth to preserve the symmetry of their bodies, but still the gibbous spine and distorted limbs of severe rickets often made their appearance.

SWADDLING was practised down through the centuries, from Biblical times to Glisson's day, in the vain hope that it would prevent the deformities of rickets. Even in sunny Italy swaddling was a prevailing custom, recommended by that early pediatrician, Soranus of Ephesus, who discoursed on "Why the Majority of Roman Children are Distorted."

"This is observed to happen more in the neighborhood of Rome than in other places," he wrote. "If no one oversees the infant's movements, his limbs do in the generality of cases become twisted. . . . Hence, when he first begins to sit he must be propped by swathings of bandages. . . ." Hundreds of years later swaddling was still prevalent in Italy, as attested by the sculptures of the della Robbias and their contemporaries. For infants who were strong Glisson suggested placing "Leaden Shoes" on their feet and suspending them with swaddling bands in mid-air.

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*A bambino from the Foundling Hospital, Florence, Italy,—A. della Robbia*

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